

V SIT REACH

FEMALE	F14/15/17	F16	MALE	M14	M15	M16	M17
100	8	9	100	4.5	5	6	7
99	7.8	8.85	99	4.3	4.85	5.8	6.8
98	7.6	8.7	98	4.1	4.7	5.6	6.6
97	7.4	8.55	97	3.9	4.55	5.4	6.4
96	7.2	8.4	96	3.7	4.4	5.2	6.2
95	7	8.25	95	3.5	4.25	5	6
94	6.8	8.1	94	3.3	4.1	4.8	5.8
93	6.6	7.95	93	3.1	3.95	4.6	5.6
92	6.4	7.8	92	2.9	3.8	4.4	5.4
91	6.2	7.65	91	2.7	3.65	4.2	5.2
90	6	7.5	90	2.5	3.5	4	5
89	5.8	7.35	89	2.3	3.35	3.8	4.8
88	5.6	7.2	88	2.1	3.2	3.6	4.6
87	5.4	7.05	87	1.9	3.05	3.4	4.4
86	5.2	6.9	86	1.7	2.9	3.2	4.2
85	5	6.75	85	1.5	2.75	3	4
84	4.8	6.6	84	1.3	2.6	2.8	3.8
83	4.6	6.45	83	1.1	2.45	2.6	3.6
82	4.4	6.3	82	0.9	2.3	2.4	3.4
81	4.2	6.15	81	0.7	2.15	2.2	3.2
80	4	6	80	0.5	2	2	3
79	3.8	5.85	79	0.3	1.85	1.8	2.8
78	3.6	5.7	78	0.1	1.7	1.6	2.6
77	3.4	5.55	77	-0.1	1.55	1.4	2.4
76	3.2	5.4	76	-0.3	1.4	1.2	2.2
75	3	5.25	75	-0.5	1.25	1	2
74	2.8	5.1	74	-0.7	1.1	0.8	1.8
73	2.6	4.95	73	-0.9	0.95	0.6	1.6
72	2.4	4.8	72	-1.1	0.8	0.4	1.4
71	2.2	4.65	71	-1.3	0.65	0.2	1.2
70	2	4.5	70	-1.5	0.5	0	1
69	1.8	4.35	69	-1.7	0.35	-0.2	0.8
68	1.6	4.2	68	-1.9	0.2	-0.4	0.6
67	1.4	4.05	67	-2.1	0.05	-0.6	0.4
66	1.2	3.9	66	-2.3	-0.1	-0.8	0.2
65	1	3.75	65	-2.5	-0.25	-1	0
64	0.8	3.6	64	-2.7	-0.4	-1.2	-0.2
63	0.6	3.45	63	-2.9	-0.55	-1.4	-0.4
62	0.4	3.3	62	-3.1	-0.7	-1.6	-0.6
61	0.2	2.85	61	-3.3	-0.85	-1.8	-0.8
60	0	3	60	-3.5	-1	-2	-1
59	-0.2	2.85	59	-3.7	-1.15	-2.2	-1.2
58	-0.4	2.7	58	-3.9	-1.3	-2.4	-1.4
57	-0.6	2.55	57	-4.1	-1.45	-2.6	-1.6
56	-0.8	2.4	56	-4.3	-1.6	-2.8	-1.8
55	-1	2.25	55	-4.5	-1.75	-3	-2
54	-1.2	2.1	54	-4.57	-1.9	-3.2	-2.2

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53	-1.4	1.95	53	-4.9	-2.05	-3.4	-2.4
52	-1.6	1.8	52	-5.1	-2.2	-3.6	-2.6
51	-1.8	1.65	51	-5.3	-2.35	-3.8	-2.8
50	-2	1.5	50	-5.5	-2.5	-4	-3
49	-2.2	1.35	49	-5.7	-2.65	-4.2	-3.2
48	-2.4	1.2	48	-5.9	-2.8	-4.4	-3.4
47	-2.6	1.05	47	-6.1	-2.95	-4.6	-3.6
46	-2.8	0.9	46	-6.3	-3.1	-4.8	-3.8
45	-3	0.75	45	-6.5	-3.25	-5	-4
44	-3.2	0.6	44	-6.7	-3.4	-5.2	-4.2
43	-3.4	0.45	43	-6.9	-3.55	-5.4	-4.4
42	-3.6	0.3	42	-7.1	-3.7	-5.6	-4.6
41	-3.8	0.15	41	-7.3	-3.85	-5.8	-4.8
40	-4	0	40	-7.5	-4	-6	-5
39	-4.2	-0.15	39	-7.7	-4.15	-6.2	-5.2
38	-4.4	-0.3	38	-7.9	-4.3	-6.4	-5.4
37	-4.6	-0.45	37	-8.1	-4.45	-6.6	-5.6
36	-4.8	-0.6	36	-8.3	-4.6	-6.8	-5.8
35	-5	-0.75	35	-8.5	-4.75	-7	-6
34	-5.2	-0.9	34	-8.7	-4.9	-7.2	-6.2
33	-5.4	-1.05	33	-8.9	-5.05	-7.4	-6.4
32	-5.6	-1.2	32	-9.1	-5.2	-7.6	-6.6
31	-5.8	-1.35	31	-9.3	-5.35	-7.8	-6.8
30	-6	-1.5	30	-9.45	-5.5	-8	-7
29	-6.2	-1.65	29	-9.7	-5.65	-8.2	-7.2
28	-6.4	-1.8	28	-9.9	-5.8	-8.4	-7.4
27	-6.6	-1.95	27	-10.1	-5.95	-8.6	-7.6
26	-6.8	-2.1	26	-10.3	-6.1	-8.8	-7.8
25	-7	-2.25	25	-10.5	-6.25	-9	-8
24	-7.2	-2.4	24	-10.7	-6.4	-9.2	-8.2
23	-7.4	-2.55	23	-10.9	-6.55	-9.4	-8.4
22	-7.6	-2.7	22	-11.1	-6.7	-9.6	-8.6
21	-7.8	-2.85	21	-11.3	-6.85	-9.8	-8.8
20	-8	-3	20	-11.5	-7	-10	-9
19	-8.2	-3.15	19	-11.7	-7.15	-10.2	-9.2
18	-8.4	-3.3	18	-11.9	-7.3	-10.4	-9.4
17	-8.6	-3.45	17	-12.1	-7.45	-10.6	-9.6
16	-8.8	-3.6	16	-12.3	-7.6	-10.8	-9.8
15	-9	-3.75	15	-12.5	-7.75	-11	-10
14	-9.2	-3.9	14	-12.7	-7.9	-11.2	-10.2
13	-9.4	-4.05	13	-12.9	-8.05	-11.4	-10.4
12	-9.6	-4.2	12	-13.1	-8.2	-11.6	-10.6
11	-9.8	-4.35	11	-13.3	-8.35	-11.8	-10.8
10	-10	-4.5	10	-13.5	-8.5	-12	-11
9	-10.2	-4.65	9	-13.7	-8.65	-12.2	-11.2
8	-10.4	-4.8	8	-13.9	-8.8	-12.4	-11.4
7	-10.6	-4.95	7	-14.1	-8.95	-12.6	-11.6

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14	15	16	14	15	16	17	
6	-10.8	-5.1	6	-14.3	-9.05	-12.8	-11.8
5	-11	-5.25	5	-14.5	-6.2	-13	-12
0			0				